



**MJ-020106**

Seat No. \_\_\_\_\_

**First Year Post Basic B. Sc. (Nursing) Examination**

**July - 2016**

**Nursing Foundation Including Nutrition & Dietetics**

Time : Hours

[Total Marks : 75

**SECTION - I (45 Marks)**

**1 Answer in detail following : (Any Two) 20**

- (1) What is 'Nursing Process'? list out it's steps and describe any one of them.
- (2) What do you mean by theory? Explain 'Roy's Theory'
- (3) What is stress and adaptation? Describe factors affecting stress and adaptation.

**2 Short notes : (Any three) 15**

- (1) Nurse practitioner.
- (2) Progressive patient care.
- (3) Gujarat Nursing Council.
- (4) Records and Reports.
- (5) Quality Assurance.

**3 Briefly answer following : (Any five) 10**

- (1) Registered Nurse.
- (2) Holistic Nursing.
- (3) Health.
- (4) Malpractice.
- (5) Ethics.
- (6) Standards.

**SECTION - II (30 Marks)**  
**(Nutrition & Dietetics)**

- 1 Long Essay : (Any one) 1×10=10**
- 1 (A) Define Protein Energy Malnutrition and classify it. 2
- (B) Classification, causes and symptoms of Protein Energy Malnutrition. 3
- (C) Management of Protein Energy Malnutrition. 5
- 2 (A) Define Nephrotic syndrome. Explain its diet management. 3
- (B) Prepare a menu plan for Nephrotic syndrome patient. 7
- 2 Short Essay : (Any two) 2×5=10**
- (1) Define weaning and describe its effects on mother and child.
- (2) Nutritional programme in India.
- (3) Define food hygiene. Explain its preparation and preservation.
- 3 Very Short Essay : (Any five) 5×2=10**
- (1) Advantages of school health programme
- (2) Name any five nutritional problems
- (3) Define child feeding
- (4) Define balanced diet
- (5) Name some foods for toddlers
- (6) List some low cost nutritious diet for vulnerable groups.